

WELCOME TO DON'S CRICKET 6 WEEKS DEVELOPMENT PROGRAM

The purpose of this 6-weeks training program is to help develop your approach as holistic cricketer.

We will look to develop you technically, tactically physically, and most importantly, to develop your strengths as a young cricketer. The program is designed to keep you get into great condition during the winter. Our 6 weeks program is tailored for the individual's need. The development program is consist of 1-2-1 and small group sessions.

1-2-1 sessions

Saturday Dates: October 30th November 6th, 13th, 20th, 27th December 4th

> Small Group Sessions Sundays Dates November 7th, 14th, 21st 28th, December 5th

<u>Time</u> Sat: 3pm-6pm Sun: 11am-12:30pm

For more information <u>Email:</u> miller@doncricketltd.org.uk <u>Phone:</u> 07957764062 <u>Instagram:</u> @Doncricket2004 <u>Twitter:</u> @millerdono <u>Facebook:</u> Don Cricket Ltd

